





Grades K-5 Lunch

October 2017 - Menus

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10-2 ** Chile Cheese Tamale -V ** Premium Granola and Yogurt -V * Fiesta Pinto Beans or Campfire Baked Beans * Sweet Corn * Fruit - S * Got Milk	10-3 ** All Star Turkey Hot Dog ** Italian Chopped Salad * Artisan Roll - S * Mini Potato Tots * Veggie Medley * Fruit - S * Got Milk	10-4 * Taco Bean Dip ** Yellow Submarine Sandwich * Crunchy Tortilla Chips - S * Tangy Salsa Cup * Petite Baby Carrots - S * Fruit Cup * Got Milk	10-5 ** 3 Cheese Calzone - V ** Chicken Caesar and Cheesy Bread * Marinara Sauce Cup * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-6 ** Crispy Chicken Filet Sandwich ** Turkey & Cheese Melt or ** Classic Tuna Sandwich * Roasted Potato Wedges * Petite Baby Carrots - S * Fruit - S * Got Milk
10-9 * Vegan Chili -V ** Premium Granola and Yogurt -V * Crunchy Tortilla Chips - S * Tangy Salsa Cup * Petite Baby Carrots - S * Fruit - S * Got Milk	10-10 ** Crispy Beef Taquitos ** Italian Chopped Salad * Artisan Roll - S * Fiesta Pinto Beans or Campfire Baked Beans * Sweet Corn * Fruit - S * Got Milk	10-11 ** Garlicky Cheese Bread ** Yellow Submarine Sandwich * Petite Baby Carrots - S * Fresh Garden Salad * Fruit Cup * Got Milk	10-12 ** Teriyaki Beef Dipper Rice Bowl ** Chicken Caesar and Cheesy Bread * Broccoli Buds * Veggie Medley * Frozen Juice Slush * Got Milk 	10-13 ** Manager's Choice ** Deli Turkey & Cheese Sandwich or ** Classic Tuna Sandwich * Roasted Potato Wedges * Fresh Garden Salad * Fruit - S * Got Milk
10-16 ** Cheesy Mac -V ** Premium Granola and Yogurt -V * Sidewinder Fries * Petite Baby Carrots - S * Fruit - S * Got Milk	10-17 ** Smokin' BBQ Rib Sandwich ** Italian Chopped Salad * Artisan Roll - S * Fiesta Pinto Beans or Campfire Baked Beans * Mini Potato Tots * Fruit - S * Got Milk	10-18 ** Zesty Beef Chalupa ** Yellow Submarine Sandwich * Fresh Garden Salad * Tangy Salsa Cup * Fruit Cup * Got Milk	10-19 ** Salisbury Steak & Mashed Potatoes * Southern Buttermilk Biscuit ** Chicken Caesar and Cheesy Bread * Fluffy Mashed Potatoes * Veggie Medley * Frozen Juice Cup * Got Milk	10-20 ** Crispy Chicken Filet Sandwich ** Turkey & Cheese Melt or ** Classic Tuna Sandwich * Roasted Potato Wedges * Petite Baby Carrots - S * Fruit - S * Got Milk
10-23 * Vegan Chili -V ** Premium Granola and Yogurt -V * Crunchy Tortilla Chips - S * Sweet Corn * Petite Baby Carrots - S * Fruit - S * Got Milk	10-24 ** Mama's Meatball Sub ** Italian Chopped Salad * Artisan Roll - S * Mini Potato Tots * Veggie Medley * Fruit - S * Got Milk	10-25 * Crunchy Fish Sticks ** Yellow Submarine Sandwich * Crunchy Tortilla Chips - S * Sidewinder Fries * Tangy Salsa Cup * Fruit Cup * Got Milk	10-26 ** Savory Sausage Flatbread or Cheesy Flatbread ** Chicken Caesar and Cheesy Bread * Fiesta Pinto Beans or Campfire Baked Beans * Fresh Garden Salad * Frozen Juice Cup * Got Milk	10-27 ** Café LA Burger or Cheeseburger ** Deli Turkey & Cheese Sandwich or ** Classic Tuna Sandwich * Roasted Potato Wedges * Petite Baby Carrots - S * Fruit - S * Got Milk
10-30 ** Bean & Cheese Pupusa with Curtido -V ** Premium Granola and Yogurt -V * Fiesta Pinto Beans or Campfire Baked Beans * Sweet Corn * Fruit - S * Got Milk	10-31 ** All Star Turkey Hot Dog ** Italian Chopped Salad * Artisan Roll - S * Mini Potato Tots * Veggie Medley * Fruit - S * Got Milk	<p> All of the Grain/Bread items served are whole grain. Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat ★: For a reimbursable meal, pick at least 3 ★'s. One ★ must be a fruit or vegetable S: Items with an (S) can be saved for later V: Vegetarian items ** Farm Fresh Fruits: Apple, Orange, Banana</p>		

MENUS ARE SUBJECT TO CHANGE